

Natalie Jill

CHANGING CONVERSATIONS AROUND
AGE, POTENTIAL, AND POSSIBILITY

Creative Content Creator who Moves Sales!
Midlife Fat Loss Expert & Top Rated Influencer
Master Licensed Sports Nutritionist
3 million+ Social Media Following
Large Engaged Email List
10,000 Program Members
Top Rated Speaker
Creative Sales Strategist
Creativity behind many large brands
Best Selling Author
Top 50 Podcast Host
High Performance Coach



A photograph of Natalie Jill, a woman with long, wavy brown hair, smiling and sitting on a large rock. She is wearing a white long-sleeved top and a colorful striped skirt. The background is a blurred outdoor setting with a stone wall and a red roof.

Natalie Jill

Natalie Jill is a content creator who moves sales! She's got a powerful online brand reaching over 3 million people between social media platforms. As a Sales Strategist and Midlife Fat Loss Expert who helps women Relgnite, ReDefine and ReBrand what aging has to mean, she is over 50 years old herself.

Through her humorous, educational, and creative content, she is changing conversations around age, potential, and possibility!

In addition to her Midlife Conversations Podcast and Business, she helps entrepreneurs skyrocket their sales through upleveling their unique relatable and compelling STORY, expanding their brand online, and fixing their sales process. This skill set is a powerful addition to her partnering with your brand.

She used the exact methods she teaches to grow her globally recognized fat loss and fitness brand with well over 3 million social media followers worldwide, two best selling books, a top ranked podcast and recognition from Forbes and Greatist several years running as one of the top health and wellness influencers in the world.

Partner with Natalie on your creative content!

www.NatalieJill.com

BRAND AWARENESS



Get Your Message Out To The World And Generate Sales

Maybe you are not interested in coaching or strategy help BUT you want to get your brand out there. Natalie works with a handful of brands each year to help pull their story and create unique content to get their message and products out to the world.

She only partners with brands and introduce them to her audience if she LOVES the product and service and if she sees that it will bring value to her loyal customer base and audience.

For partners, Natalie customizes a campaign specific to you and your vision. She starts this process with an initial strategy call to understand your sales goals and vision. When she KNOWS that she can help and move product, she creates a unique plan, messaging, and content to share with partner audiences.

If you are interested in this service and have a budget to work on this, contact Natalie at support@nataliejillfitness.com to schedule a call and trial



BRAND AWARENESS

Creative Content Examples

Zenzsual Campaign Example

Marek Campaign Example

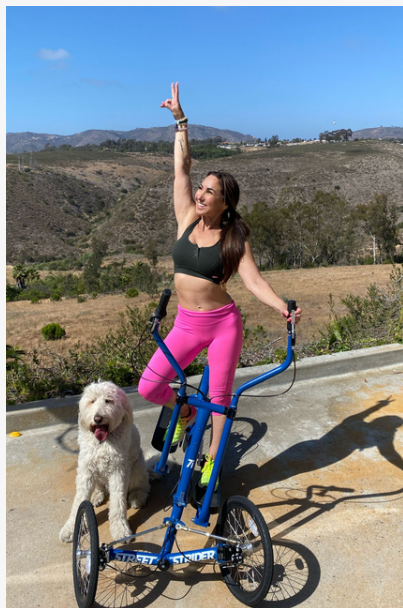
Street Strider Campaign Example

PUREWAVE Campaign Example

Peatos Campaign Example

Moxie Lash Campaign Example

SunButter Campaign Example



SOCIAL MEDIA REACH



INSTAGRAM

698k+ followers



TIKTOK

107k+ followers



FACEBOOK

1.7+ million fans



YOUTUBE

29+ million views



PINTEREST

24k+ monthly viewers



PODCAST

top 50 in self-help



BEST-SELLING BOOKS

7 Day Jump Start Unprocess Your Diet

Aging in Reverse





TELEVISION, BROADCAST & ON CAMERA EXPERIENCE

- The Doctors – CBS
- Hallmark Channel - Home and Family
- Prevention Face of Fit Over 40 DVD series
- The 700 Club – CBN
- The Better Show
- Dr. Drew
- Good Morning LaLa Land
- ABC's Sonoran Living
- CBS Better Mornings Atlanta
- Dr. Drew Swole Patrol
- NPR Affiliate: The Mountain Life
- The Million Pound Mission
- Radio Disney
- PopSugar

Click for a full list of media outlets >>
www.nataliejillfitness.com/about/resume



PUBLISHED COVERS, ARTICLES, & FEATURES

- Prevention Magazine
- Strong Magazine
- Muscle and Fitness HERS
- Health Magazine
- Woman's World Magazine
- Cosmopolitan Online
- Time.com
- Forbes Top Influencers
- People Magazine
- InStyle
- Greatist Top 100 Most Influential
- OXYGEN Magazine
- Shape Magazine



[Click for a full list of media outlets >>](#)

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TOP 50 RANKED SELF-HELP PODCAST



I help women in their 40s, 50s, and Beyond ReDefine, ReBrand, and Laugh with Aging. Welcome to Midlife Conversations.

On this podcast I do what I do best - taking complicated information that is relevant to women in midlife, and breaking it down simply with actionable steps anyone can implement to level up YOUR life in your BEST YEARS to come.

I also regularly interview some of the most inspiring people living their best Midlife years. On this show, I cover topics about our shifting hormones, weight struggles, mood and focus changes, raising teenagers, relationships, career changes, beauty, and more!

Guests have included top ranking change makers like: Ed Mylett, Joe Polish, Gabby Bernstein, Dean Graziosi, Shawn Stevenson, Tom Biyeu, Chalene Johnson, James Wedmore, Tucker Max, Chris and Lori Harder, IN-Q, JP Sears, Adam Roa and many others!



HIGH IMPACT SALES PODCAST

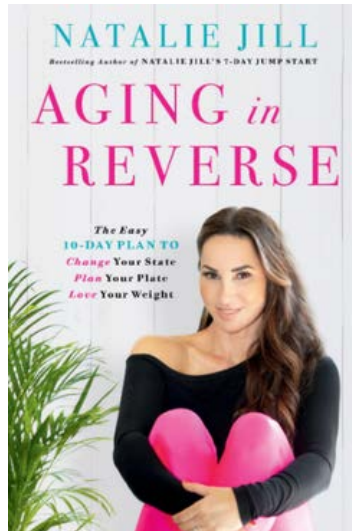
WITH NATALIE JILL + SINCLAIR KENNALLY



HIGH IMPACT SALES

Each week, on the High Impact Sales Podcast, Natalie Jill and Sinclair Kennally share bite-sized tactics and strategies that help listeners magnetically attract their ideal client. Or goal is to empower subscribers to serve their audience better so that they will increase their bottom line and can focus on their unique abilities






AGING IN REVERSE

"Change Your State!" Get empowered and motivated with fun cutting edge mental practices that will be a game changer.

"Plan Your Plate" with a 10-day meal plan filled with unprocessed and anti-inflammatory recipes like Citrus Tuna Poke Bowl and One-Pan Chicken Fajitas.

"Love Your Weight" by focusing on getting strong, rather than skinny; use the provided breathing, stretching, and soothing exercises to recover, heal, and get moving

 www.age-in-reverse.com



7 DAY JUMP START UNPROCESS YOUR DIET

This Bestseller Will TRANSFORM Your Body, Your Mind, And Your Life!

Lose Up to 5-7lbs Your First Week!

Discover habits that last a LIFETIME!

Eat REAL 'unprocessed' foods

Enjoy 77 amazing recipes & 7 guilt-free desserts!

Get fit with 7 'do anywhere' body weight workouts!

 www.nataliejillfitness.com/book

Natalie Jill

FITNESS AND NUTRITION PROGRAMS



Natalie has had the opportunity to help thousands of people live the life they deserve with her fitness and nutrition programs.

From beginner workouts, to the advanced workout that landed her a magazine cover at age 46, to complete nutrition plans, to changing your mindset -- Natalie has a program to help you get happy, healthy, and fit.

Click to see full list of programs >>
<https://www.nataliejillfitness.com/programs/>



Natalie Jill SALES COACHING

Natalie brings years of personal development, psychology, story telling, sales, marketing, connecting, and branding experience to the table.

If you struggle to maintain your vision.

If you struggle with perfectionism.

If you struggle taking your business to the next level.

If you struggle with sales.

If you struggle with social media.

If you struggle with accountability.

If you struggle with finding your story.

If you struggle getting your message out into the world.

Natalie is your girl.

Click to learn about coaching >>
<https://www.brandstoryexpansion.com/>



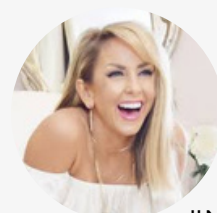
TOP RATED KEY NOTE SPEAKER



"No one has compared to the creativity of Natalie Jill. In terms of expanding your brand, capturing your essence, and being able to put it in *unique* creative fashion, that allows anyone looking at your brand to get who you are."

Lisa Nichols

Top Worldwide Motivational Speaker



"Natalie Jill is one of those rare individuals who can motivate people, inspire people, and at the same time relate. She knows how to connect with the audience. She knows their pain."

Chafene Johnson

Creator of Marketing Impact

Click to watch speaker reel >>

<https://bit.ly/NatalieJillSpeakerReel>

CONTACT

A woman with long brown hair, wearing a white crop top and dark leggings, is hanging from a thick tree branch with both hands. She is smiling and looking towards the camera. The background is a bright, sunlit outdoor area with trees and foliage, creating a warm and natural atmosphere.

Sponsorships, Media, Press
and Support contact
support@nataliejillfitness.com
or www.Nataliejill.com

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